

HASTINGS U3A COURSES – TERM 4- 2019 Mon 7th October – Friday 20th December

CODES - **W** – Weekly, **F**-Fortnightly , **M**-Monthly, **T.B.A.** – To Be Announced **EMN** – Enrolled Members Notified NPH -**Not Public Hols.**

COURSES	MIN/MAX NO. IN CLASS	DAY/FREQUENCY	TIME	VENUE	TUTOR/LEADER/CONTACT	COMMENTS
A						
Acrylic Art Class	10	WEDNESDAY - W	11-12.00	13 Teal Crt Hastings	Mary Raphael	\$2.00 per class
Active Ageing Program		- The Shire offers modified exercise programs for older adults ranging from water based exercise to strength building and cardio activities.		Pelican Park	Contact Pelican Park Recreation Centre 2 Marine Parade Hastings 1300 850 197.	Medical Assessment Form to be completed prior to taking classes. Charges apply
Advanced French	10	TUESDAY - W	11.30-1.00	13 Teal Crt Hastings	Marie-Therese White	\$2.00 per class
Alternative Holidays –	Unlimited	A variety of days/dates	Daytrippers Newsletter	Daytrippers connect to their web site	Monthly updates via Daytrippers web site	
Angling MEMBERS WANTED	4-12	FRIDAY-1 st Week	11.00-12.00	Westernport Angling Club Hastings Boat Ramp Marine Parade	Peter Fowler –park in gravel area near toilets	\$2.00 per lesson
Aqua - Aquaeze	Unlimited	FRIDAY -W	10.30-11.30	Pelican Pool	Belgravia Leisure	Check price at Pelican Park
Aqua - (Sweat)		WEDNESDAY-W	10.30 -11.30	Pelican Park	Belgravia Leisure	ditto
Arm Chair Travel	10	THURSDAY-1 st /3rd	1.00-3.00	Meet at a members home	Thelma Gardner	

B						
Beginners French ENROLMENT FIRST TERM ONLY.	3-10	FRIDAY- W enrolling for 2020	10.00-11.30	13 Teal Crt, Hastings	Marie T. White	\$2.00 per lesson
Beginners IT Class – Windows 7 4 lessons	3-5	Contact Tutor to arrange dat/time	10-11	13 Teal Crt. Hastings	Dianne Ashton 5979 8686	
Bocce – WEATHER PERMITTING	unlimited	Weekly Saturdays	1.00-2.00	Bocce Courts, MarineParade, Hastings		
Bowls – Men and Women welcome	unlimited	THURSDAY - W	9.30- 11.00	Balnarring Bowls Club, 8 Bruce Str., Balnarring	Maxine Stark 5983 5960.	
C						
Cabin/Caravan Group 2016	Unlimited	2020 planning BBQ in January	Next trip Halls Gap	Last trip for 2019 – 12 th October	Dianne Ashton - contact 5979 8686	Meet January to finalize 2020
Cards — If you are interested please contact the office playing 500	12	Fridays weekly	6.00 – 11.00	13 Teal Court, Hastings	Sabina Little	Members wanted
CPR WORKSHOP-1 note address	2-6	As arranged with Tutor	11.00-12.00	4 Kaz Crt Hastings	Rod Ashton	
CPR Workshop 2	6	As arranged with Tutor	11.00- 12.00	4 Kaz Crt Hastings	Rod Ashton	
Cryptic Crosswords (EXPERIENCED) –	4-8	TUESDAY 1 st /3 rd wks	11.15 -12.30	Hastings Club	Rose Holmes	
Current Affairs – Group 1	6-10	TUESDAY 1 ^{sr} /3 rd wks	2.00 – 4.00	Hastings Club	John Kelly	
Current Affairs - Group 2	6-10	TUESDAY -2 nd /4 th wk	10.00-12.00	Hastings Club Marine Pde, Hastings	Seeking new leader	
Cycling NEW LEADER, new ideas. Seeking members.	Unlimited	TUESDAY -W	9.30-11.00	Members will decide the route the previous week	Ian Bradley	Weather permitting
D						
Dancing for Fun and Fitness	35	WEDNESDAY -W	11.00 – 12.00	Hastings Community Hall	Sue Gibson	
Darts – EVENINGS	Minimum 6	WEDNESDAY -W	8.00-10.30 EVENINGS	Hastings Club, Marine Parade	\$6.00 PER EVENING DART SET AND COVERED SHOES REQUIRED	

E						
Easy Meals for One ONE ONLY PER TERM	6	FRIDAY NOVEMBER 8th	12.00 – 2.00	4 Kaz Crt Hastings	Dianne Ashton	\$5.00 per person
Email/Internet - Windows 7 - 4 lessons	4 max	Dates arranged with members	1.00-2.00	Teal Court, Hastings	Dianne Ashton 5979 8686	
Euchre Social Card Game (daytime card group) EXPRESSION OF INTEREST-SEEKING MEMBERS	8	WEDNESDAYS – commencement to be announced	2.00 – 4.00pm	Teal Court, Hastings	David Proctor	
F						
Files and Folders – Windows 3 lessons	3-5	As arranged with members	1.00-2.00	Teal Court Hastings	Dianne Ashton 5979 8686	
Friends Book Clubs NEW VENUE	5-10	WEDNESDAY -1 st /3 rd	2.00-4.00	13 Teal Crt, Hastings	Ali Durant	
Friday Walking Group	Unlimited	FRIDAY -1 st /3 rd Wks	9.00-11.30	Various – see program	Duncan Ramsay	
G						
Gardening -	Unlimited	THURSDAY – 1 st	See program	Various locations Pick up a program	Ali Durant Seeking new leader for 2019	
German of Beginners	10	TUESDAY -W	1.30 – 3.00	13 Teal Court, Hastings	Peter Weber	
Gentle Exercises	Unlimited	FRIDAY -W	9.30-10.30	Hastings Hall	Belgravia Leisure	Cost involved Check with Pelican Park
Golf	Unlimited	TUESDAY -W	8.30-12.00	Mt Martha Golf Course	Southern Pen U3A-must join as an Assoc Member	
Golf	Unlim	FRIDAY -W	8.30-12	Mt Martha Golf Course	Southern Peninsula U3A – must join as Assoc Membership	
Gourmet	Unlim	Bi Monthly	Exciting Program at office	Check the program available at the office	Joan Dillon	

H - I						
Intermediate French	3-10	TUESDAY - W	9.30 – 11.00	13 Teal Ct, Hastings	Marie T. White	
Introduction to Philosophy	5-10	FRIDAY -2 nd /4th	10.00-11.00	Wallaroo Community Centre	Jean Pengilly	
Introduction to Windows 10 New computers installed Members will be contacted re day/time	2	Date/time to be determined by Tutor	Enrolled will be informed re date	13 Teal Ct, Hastings	Jim Booth –	
IPAD & TABLET –	6	TUESDAY 22 nd OCTOBER	11.00-12.- 00	Harcourts Real Estate, High Street, Hastings	Jason Dowler and staff	Pay \$3.00 at the office prior to session
IPAD and TABLET Class	6	THURSDAY 31 st OCTOBER	11.00 -12.00	Harcourts Real Estate High Str., Hastings	Jason Dowler and staff	Pay \$3.00 at the office prior to session
J –K - L						
Luncheon Society	Unlimited	WEDNESDAY -M	See Program	Collect program at the office	Trish Kelly	
M						
Mobile Telephone – NOVICE W/shop ONE ONLY	3-8	FRIDAY 8 th NOVEMBER	11.00-12.00	Harcourts R/Estate	Jason Dowler	Pay \$3.00 at the office prior to session
Mobile Telephone INTERMEDIATE Workshop ONE ONLY	3-8	WEDNESDAY 13 th NOVEMBER	1.00-2.00	Harcourt’s Real Estate	Jason Dowler	Pay \$3.00 at the office prior to session
Monday Muso’s		MONDAYS	1.30-3.30	Hastings Community House High Street Hastings	Contact Community House on 59 71 9198	
Movie Discussion Group -	8 limited	TUESDAY -4 TH EACH MONTH	7.00 for 7.15 start	Various private homes	Anna Buchhorn 5983 5537	
Music Appreciation CLASS FULL WAIT LIST	10	THURSDAY 2nd/4 th wks	1.45-4.00	18 Burke St, Hastings	Peter Dillon	
N-O-P						
Pickleball - Expressions of Interest		TBA	TBA	Southern Tennis court used for Bocce	Interested members will be contacted when day etc	Enrol at office

					finalized	
Printing and Scanning – Windows 7	3-5	As arranged with Tutor	10-11.00	13 Teal Crt. Hastings	Dianne Ashton 5979 8686	
Q						
Qigong -	unlimited	WEDNESDAYS Weekly	9.50 - 10.30	Gate6 Baxter Village	Laurie Cox, , 8 Robinson Rd., Frankston South	
Quaffers Group –recommence with a new concept NEW CONCEPT	Unlim	SUNDAY 22 ND SEPTEMBER	2.00pm	Members bring a mystery bottle of wine and small plate of nibbles.	Dianne Ashton 5979 8686	Please advise if attending
R-S						
Scrabble – EXPRESSION OF INTEREST		Day/Time TBA		Enrolled members will be contacted	TBA	
Short Walks BEING DEFERRED UNTIL WARMER WEATHER	Unlimited	FRIDAY 2 nd /4 th wks	9.30 start	Meet Opp Coles Carpark	On hold until leader appointed.	Seeking interest
Skype Workshop – Term 4 ONE ONLY -	3-6	FRIDAY 29 TH NOVEMBER	1.00 – 2.30	13 Teal Ct, Hastings	Graeme Columbus	
Stay on Your Feet – Maintenance	unlimited	MONDAY - W	12.00-1.00	Belgravia Leisure	Charge involved Check Pelican Park	
Stay On Your Feet- Strength Based	Unlimited	MONDAY -W	1.30-2.30	As above	ditto	
Stay On Your Feet – Chair Based	Unlimited	MONDAY - W	2.30-3.15	As above	ditto	
Square Dancing – ONLY Mainstream (EXPERIENCED) SQUARE DANCERS ACCEPTED	24	WEDNESDAY -W	9.00-12.00	Crib Point Community Centre	Lynn Anderson/Robert Dorr	
T						
TABLE TENNIS GROUP 1	20	MONDAY -W	9.00-12.00	Hastings Hub	Norm Vicum	
Table Tennis GROUP 2	20	FRIDAY - W	1.00-3.00	Community Hub	Norm Vicum	
Theatre Group	12	MONDAY M – 2 nd Wk	10.30-11.30	13 Teal Court, HASTINGS	Valerie Gregory	
This is My Life	8 MAX	MONDAY - M – 4 th week	10.00-12.00	13 Teal Crt, HASTINGS	Ali Durant	
U- V - W						
Watercolours /Pastels	20	THURSDAY - W	1.30-3.30	Uniting Church, Hastings	Helen Carmichael	
Writing for Fun	6-9	TUESDAY -2 nd and 4th	1.30 -2.30	Hastings Club Marine Parade Hastings	Contact the office	

X-Y						
Yoga	unlimited	FRIDAY - W	10-11	Salvation Army	Opp Holden Dealership Frankston-Flinders Rd, Hastings	

Members must prepay for the workshops, computer lessons....PRIOR to the class. \$ 3.00 per class or charge as stated.

Hastings U3A is always seeking Tutors and Leaders who wish to teach a course or activity. No qualifications are necessary only the desire to share their interested with like minded members of our community. Contact our office and speak to our Course Coordinator.

U3A Members Insurance responsibilities and exclusions: Currently Hastings U3A is covered for Public Liability, Directors and Officers Liability, Entity Fidelity, Medical Indemnity and Personal Accident. This cover applies to Management, Committee Members, Patrons,

Incorporated Bodies, Directors, Officers, Employees and paid and unpaid Volunteers when on duty. COVER DOES NOT APPLY TO ORDINARY MEMBERS OF U3A. Their recourse should be through Medicare and /or Private Health cover. If it is necessary to call an ambulance, the patient is responsible for that cost.

Health Care and Pensioner Concession card holders are entitles to free ambulance travel IN CASE OF EMERGENCY HOWEVER THEY ARE NOT COVERED FOR TRANSPORT BETWEEN PRIVATE HOSPITAL TO PUBLIC HOSPITALS AND REHABILITATION.

CHARGES: ___ Course fees are in addition to your membership fee. Fees apply to the courses/activities/workshops to assist covering the outgoings; rent, consumables, power, gas and photocopying to name a few of our additional expenses. Fees may alter from time to time according to variables to our outgoings. All workshops/computer lessons and courses/activities at rented venues - \$3.00 per member per class. Ongoing classes at Teal Court \$2.00 per class and the Hastings Library, local cafes including private homes is \$2.00 per class.

ALL WORKSHOPS (MOBILE TELEPHONE AND COMPUTER CLASSES ARE TO BE PAID IN ADVANCE. THE ABOVE APPLIES UNLESS STATED OTHERWISE.

HASTINGS U3A OFFICE IS LOCATED AT 13 TEAL COURT, HASTINGS TELEPHONE: 59798585 OFFICE HOURS MON/TUES 10-1PM, THURS 1-4 PM CLOSED SCHOOL AND PUBLIC HOLIDAYS

EMAIL: u3a@iinet.net.au WEB ADDRESS: www.hastingsu3a.org.au