

# HASTINGS U3A COURSES – 2020 COURSES AND ACTIVITIES Covering 2020

2020 Term dates: **1**– 28/1 – 27/3 Term **2** 14/4 – 26/6 Term **3** 13/7 -18/9 Term **4** 5/10 – 18/12

CODES - **W** – Weekly, **F**-Fortnightly , **M**-Monthly, **T.B.A.** – To Be Announced **EMN** – Enrolled Members Notified NPH **-Not Public Hols.**

COURSES	MIN/MAX NO. IN CLASS	DAY/FREQUENCY	TIME	VENUE	TUTOR/LEADER/CONTACT	COMMENTS
<b>A</b>						
Acrylic Art Class	10	WEDNESDAY - W	11-12.00	13 Teal Crt Hastings	Mary Raphael	\$2.00 per class
Active Ageing Program		- The Shire offers modified exercise programs for older adults ranging from water based exercise to strength building and cardio activities.		Pelican Park	Contact Pelican Park Recreation Centre 2 Marine Parade Hastings 1300 850 197.	Medical Assessment Form to be completed prior to taking classes.
Advanced French	10	TUESDAY - W	11.30-1.00	13 Teal Crt Hastings	Marie-Therese White	\$2.00 per class
Alternative Holidays –	Unlimited	A variety of days/dates	Daytrippers Newsletter	Daytrippers connect to their web site	Monthly updates via Daytrippers web site	
Angling <b>MEMBERS WANTED</b>	4-12	FRIDAY-1 <sup>st</sup> Week	11.00-12.00	Westernport Angling Club Hastings Boat Ramp Marine Parade	Peter Fowler –park in gravel area near toilets	\$2.00 per lesson
Aqua - Aquaeze	Unlimited	FRIDAY -W	10.30-11.30	Pelican Pool	Belgravia Leisure	Check price at Pelican Park
Aqua - (Sweat)		WEDNESDAY-W	10.30 -11.30	Pelican Park	Belgravia Leisure	ditto

Arm Chair Travel	10	THURSDAY-1 <sup>st</sup> /3rd	1.00-3.00	Location in Hastings confirmed at the office	Thelma Gardner	
<b>B</b>						
Beginners French <b>ENROLMENT FIRST TERM ONLY.</b>	3-10	FRIDAY- W <b>enrolling for 2020</b>	10.00-11.30	<b>13 Teal Crt, Hastings</b>	Marie T. White	\$2.00 per lesson
Bowls – Men and Women welcome	unlimited	THURSDAY - W	9.30- 11.00	Balnarring Bowls Club, 8 Bruce Str., Balnarring	Maxine Stark 5983 5960.	
<b>C</b>						
Cabin/Caravan Group 2016	Unlimited	2020 planning BBQ on January 19 <sup>th</sup>	Next trip Halls Gap	Enrolled members will attend the bbq at Sue Gibsons.	Dianne Ashton - contact 5979 8686	Meet January to finalize 2020
Cards — <b>If you are interested please contact the office playing 500</b>	12	Fridays weekly	6.00 – 11.00	<b>13 Teal Court, Hastings</b>	Sabina Little	<b>Members wanted</b>
Cryptic Crosswords (EXPERIENCED) –	4-8	TUESDAY 1 <sup>st</sup> /3 <sup>rd</sup> wks	11.15 -12.30	Hastings Club, Marine Pde Hastings	Rose Holmes	
Current Affairs – Group 1	6-10	TUESDAY 1 <sup>sr</sup> /3 <sup>rd</sup> wks	2.00 – 4.00	Hastings Club, Marine Pde Hastings	New member to be announced	
Current Affairs - Group 2	6-10	TUESDAY -2 <sup>nd</sup> /4 <sup>th</sup> wk	10.00-12.00	Hastings Club Marine Pde, Hastings	Self run group	
Cycling <b>NEW LEADER, new ideas. Seeking members.</b>	Unlimited	TUESDAY -W	9.30-11.00	Members will decide the route the previous week	Ian Bradley	<b>Weather permitting</b>
<b>D</b>						
Dancing for Fun and Fitness	35	WEDNESDAY -W	11.00 – 12.00	Hastings Community Hall	Sue Gibson	
Darts – EVENINGS	Minimum 6	WEDNESDAY -W	8.00-10.30 EVENINGS	Hastings Club, Marine Parade	\$6.00 PER EVENING DART SET AND COVERED SHOES REQUIRED	
<b>E</b>						
Euchre Social Card Game (daytime card group) <b>EXPRESSION OF INTEREST-SEEKING MEMBERS</b>	8	WEDNESDAYS – commencement to be announced	2.00 – 4.00pm	<b>Teal Court, Hastings</b>	David Proctor	
<b>F</b>						
Friends Book Clubs <b>NEW VENUE</b>	5-10	WEDNESDAY -1 <sup>st</sup> /3rd	2.00-4.00	<b>13 Teal Crt, Hastings</b>	Ali Durant	

Friday Walking Group	Unlimited	FRIDAY -1 <sup>st</sup> /3 <sup>rd</sup> Wks	9.00-11.30	Various – see program	Duncan Ramsay	
<b>G</b>						
Gardening -	Unlimited	THURSDAY – 1 <sup>st</sup>	See program	Various locations Pick up a program	Ali Durant <b>Seeking new leader for 2019</b>	
German of Beginners	10	TUESDAY -W	1.30 – 3.00	<b>13 Teal Court, Hastings</b>	Peter Weber	
Age Strong Exercises	Unlimited	-THURSDAY - W	9.30-10.30	Hastings Hall	Belgravia Leisure	Cost involved Check with Pelican Park
Golf	Unlimited	TUESDAY -W	8.30-12.00	Mt Martha Golf Course	Southern Pen U3A-must join as an Assoc Member	
Golf	Unlim	FRIDAY -W	8.30-12	Mt Martha Golf Course	Southern Peninsula U3A – must join as Assoc Membership	
Gourmet	Unlim	Bi Monthly	Exciting Program at office	Check the 2020 program available at the office	Joan Dillon	
<b>H - I</b>						
Intermediate French	3-10	TUESDAY - W	9.30 – 11.00	<b>13 Teal Ct, Hastings</b>	Marie T. White	
Introduction to Philosophy	5-10	FRIDAY -2 <sup>nd</sup> /4 <sup>th</sup>	10.00-11.00	Wallaroo Community Centre	Jean Pengilly	
<b>J –K - L</b>						
Luncheon Society	Unlimited	WEDNESDAY -M	See Program	Collect 2020 program at the office	Trish Kelly	
<b>M</b>						
Monday Muso's		MONDAYS	1.30-3.30	Hastings Community House High Street Hastings	Contact Community House on 59 71 9198	
			7.00 for 7.15 start	Various private homes	Anna Buchhorn 5983 5537	
Music Appreciation <b>CLASS FULL WAIT LIST</b>	10	THURSDAY 2nd/4 <sup>th</sup> wks	1.45-4.00	18 Burke St, Hastings	Peter Dillon	

<b>N-O-P</b>						
Pickleball - Expressions of Interest seeking members		TBA	TBA	Southern Tennis court used for Bocce	Interested members will be contacted when day etc finalized	Enrol at office
<b>Q</b>						
Qigong -	unlimited	WEDNESDAYS Weekly	9.50 - 10.30	Gate6 Baxter Village	Laurie Cox, , 8 Robinson Rd., Frankston South	
Quaffers Group –recommence with a new concept <b>NEW CONCEPT</b>	Unlim	SUNDAY 22 <sup>ND</sup> SEPTEMBER	2.00pm	Members bring a mystery bottle of wine and small plate of nibbles.	Dianne Ashton 5979 8686	Please advise if attending
<b>R-S</b>						
Scrabble – EXPRESSION OF INTEREST		Day/Time TBA		Enrolled members will be contacted	TBA	
Short Walks <b>Seeking interested members</b>	Unlimited	FRIDAY 2 <sup>nd</sup> /4 <sup>th</sup> wks	9.30 start	Meet Opp Coles Carpark	On hold until leader appointed.	<b>Seeking interest</b>
Stay on Your Feet – Maintenance	unlimited	MONDAY - W	12.00-1.30	Belgravia Leisure	Charge involved Check Pelican Park	
Stay On Your Feet- Entry Level	Unlimited	MONDAY -W	1.30-2.30	As above	ditto	
Stay On Your Feet – Chair Based	Unlimited	MONDAY - W	2.30-3.15	As above	ditto	
Square Dancing – <b>ONLY Mainstream (EXPERIENCED) SQUARE DANCERS ACCEPTED</b>	24	WEDNESDAY -W	9.00-12.00	Crib Point Community Centre	Lynn Anderson/Robert Dorr	
<b>T</b>						
TABLE TENNIS GROUP 1	20	MONDAY -W	9.00-12.00	Hastings Hub	Norm Vicum	
Table Tennis GROUP 2	20	FRIDAY - W	1.00-3.00	Community Hub	Norm Vicum	
Theatre Group	12	MONDAY M – 2 <sup>nd</sup> Wk	10.30-11.30	<b>13 Teal Court, HASTINGS</b>	Valerie Gregory	
This is My Life	8 MAX	MONDAY - M – 4 <sup>th</sup>	10.00-12.00	<b>13 Teal Crt, HASTINGS</b>	Ali Durant	

		week				
<b>U- V - W</b>						
Watercolours /Pastels	20	THURSDAY - W	1.30-3.30	Uniting Church, Hastings	Helen Carmichael	
Writing for Fun	6-9	TUESDAY -2 <sup>nd</sup> and 4th	1.30 -2.30	Hastings Club Marine Parade Hastings	Contact the office	
<b>X-Y</b>						
Yoga	unlimited	FRIDAY - W	10-11	Salvation Army	Opp Holden Dealership Frankston-Flinders Rd, Hastings	

Hastings U3A is always seeking Tutors and Leaders who wish to teach a course or activity. No qualifications are necessary only the desire to share their interested with like minded members of our community. Contact our office and speak to our Course Coordinator.

**U3A Members Insurance responsibilities and exclusions:** Currently Hastings U3A is covered for Public Liability, Directors and Officers Liability, Entity Fidelity, Medical Indemnity and Personal Accident. This cover applies to Management, Committee Members, Patrons, Incorporated Bodies, Directors, Officers, Employees and paid and unpaid Volunteers when on duty. COVER DOES NOT APPLY TO ORDINARY MEMBERS OF U3A. Their recourse should be through Medicare and /or Private Health cover. If it is necessary to call an ambulance, the patient is responsible for that cost.

Health Care and Pensioner Concession card holders are entitles to free ambulance travel IN CASE OF EMERGENCY HOWEVER THEY ARE NOT COVERED FOR TRANSPORT BETWEEN PRIVATE HOSPITAL TO PUBLIC HOSPITALS AND REHABILITATION.

**CHARGES:** Course fees are in addition to your membership fee. Fees apply to the courses/activities/workshops to assist covering the outgoings; rent, consumables, power, gas and photocopying to name a few of our additional expenses. Fees may alter from time to time according to variables to our outgoings. All workshops/computer lessons and courses/activities at rented venues - \$3.00 per member per class. Ongoing classes at Teal Court \$2.00 per class and the Hastings Library, local cafes including private homes is \$2.00 per class.

**ALL WORKSHOPS AND COMPUTER CLASSES ARE TO BE PAID ON THE DAY TO TUTOR..** MOBILE TELEPHONE, TABLET AND I-PAD TO BE PAID AT THE OFFICE IN ADVANCE.

HASTINGS U3A OFFICE IS LOCATED AT 13 TEAL COURT, HASTINGS TELEPHONE: 59798585 OFFICE HOURS MON/TUES 10-1PM, THURS 1-4 PM CLOSED SCHOOL AND PUBLIC HOLIDAYS

EMAIL: [u3a@iinet.net.au](mailto:u3a@iinet.net.au) WEB ADDRESS: [www.hastingsu3a.org.au](http://www.hastingsu3a.org.au)

## **HASTINGS U3A TERM 1 2020 COURSE DATES TERM 1, Tuesday 28<sup>th</sup> – 27<sup>th</sup> March 2020**

### **COMPUTER CLASSES, MOBILE TELEPHONES, I-PAD/TABLET, CPR AND WORKSHOPS**

COURSE NAME	CLASS NO.	DATE/TIME	VENUE	TUTOR	CHARGE	NOTE PAYMENT METHOD
Beginners Computers Windows 7	Min 2-4	10.00-11.00 Feb 4 <sup>th</sup> , 6 <sup>th</sup> , 11 <sup>th</sup> 13 <sup>th</sup>	<span style="color: red;">Teal Court</span>	Dianne Ashton	\$3.00 per lesson	4 lessons in course, PAY TUTOR ON DAY
CPR – 1 (cardiopulmonary	1-4	11.00am 5 <sup>th</sup> Feb	4 Kaz Crt, Hastings	Rod Ashton	\$3.00	Bring pillow, PAY TUTOR ON DAY
CPR – 2 resuscitation)	1-4	1.00pm 22 <sup>nd</sup> Feb	As above	Rod Ashton	\$3.00	Bring pillow AS ABOVE
Easy Meals for One	2-4	12.00 Fri 28 <sup>th</sup> Feb	4 Kaz Crt, Hastings	Dianne Ashton	\$5.00	PAY TUTOR ON DAY
Emailing and Internet	2 -4	10.00 – 11.00am Feb 17 <sup>th</sup> , 19 <sup>th</sup> and 24 <sup>th</sup>	<span style="color: red;">Teal Court</span>	Dianne Ashton	\$3.00 per lesson	3 lessons in course PAY TUTOR ON DAY
Files and Folders	2-4	1.00pm Feb 19 <sup>th</sup> , 20 <sup>th</sup> and 24 <sup>th</sup>	<span style="color: red;">Teal Court</span>	Dianne Ashton	\$3.00 per lesson	3 lessons in course PAY TUTOR ON DAY
I-Pad and Tablet 1	2-4	Wednesday 4 <sup>th</sup> March 11.00am	Harcourts Real Estate	Jason Dowler and staff	\$3.00 per lesson	High Street, Hastings PAY U3A OFFICE
I-Pad and Tablet 2	2-4	Monday 23 <sup>rd</sup> March 11.00	Harcourts Real Estate	Jason Dowler and staff	\$3.00 per lesson	High Street, Hastings PAY U3A OFFICE
Mobile Telephone - Novice	2-4	Friday 21 <sup>st</sup> Feb 11.00	Harcourts Real Estate	Jason Dowler and staff	\$3.00 per lesson	High Street, Hastings PAY U3A OFFICE
Mobile Telephone - Advanced	2-4	Wednesday 11 <sup>th</sup> March 11.00	Harcourts Real Estate	Jason Dowler and staff	\$3.00 per lesson	High Street, Hastings PAY U3A OFFICE
Printing and Scanning	1-4	10.00 am 2 <sup>nd</sup> March	<span style="color: red;">Teal Court</span>	Dianne Ashton	\$3.00	PAY TUTOR ON DAY
Wills, Probate and Power of Attorney	20 - 50	T.B.A.	TO BE DECIDED	Community lawyer	\$3.00	Workshop one only PAY ON DAY
Windows 10 problem solving	One	T.B.A.	T.B.A.	Jim Booth	\$3.00 per lesson	Tutor to contact each PAY TUTOR ON DAY

**REMEMBER: Mobile Telephone, I-Pad and Tablet Classes MUST be PAID at the U3A office PRIOR to lesson. All others to Tutor on the day.**