

HASTINGS U3A COURSES – TERM 1 –2019 Tuesday 29th Jan – Fri 5/4/2019

CODES - **W** – Weekly, **F**-Fortnightly , **M**-Monthly, **T.B.A.** – To Be Announced **EMN** – Enrolled Members Notified **NPH** -Not Public Hols.

DAY/COURSE	MIN/MAX of CLASS	DAY/FREQUENCY	TIME	VENUE	TUTOR/LEADER	COMMENTS
A						
Acrylic Art Class NEW NEW NEW VENUE	20	WEDNESDAY - W	10-12.00	13 Teal Crt, Hastings	Mary Raphael	\$2.00 per class
Age Gratefully Pilates Class BOOKINGS ESSENTIAL	Unlimited	MONDAY - W	10.30-11.15	4/2 Cannery Crt Tyabb	Transformation Wellness Centre 5977 3307	\$15 per class or \$130 for 10
Alternative Holidays – NEW NEW NEW	Unlimited	A variety of days/dates	Daytrippers Newsletter	Daytrippers info will be sent to you	Monthly updates	Various short and long holidays
Angling MEMBERS WANTED	4-12	FRIDAY-1 st Week Comm. Feb	11.00-12.00	13 Teal Ct , Hastings	Peter Fowler	Meet on the first Fri of each month
An Introduction to Philosophy	5-10	FRIDAY -2 nd /4th	10.00-11.00	Walleroo Community Centre	Jean Pengilly	
Aqua	Unlimited	FRIDAY -W	Check times with Pelican Park	Pelican Pool	\$9.80 per session	Check with Pelican Park
Aqua – water exercises		WEDNESDAY-W	8.15 and 9.20 OR 10.30 -11.30	Pelican Park	Mornington Peninsula 5950 1749	FEES APPLY
Arm Chair Travel	10	THURSDAY-1 st /3rd	1.00-3.00	Meet at a members home	Thelma Gardner	Contact the office for details
B						
Beginners French - Class commences at the beginning of each year.	3-10	TUESDAY - W	9.30-11.00	13 Teal Crt, Hastings	Marie T. White	
Beginners IT Class – Windows 7 4 lessons Mondays and Wednesdays	3-5	11/2, 13 ² 16/2 and 20/2	10-11	13 Teal Crt. Hastings	Dianne Ashton	4 lessons \$12.00

Bocce 4 week trial	unlimited	Weekly x 4 Commencing SATURDAY 2 nd FEB	1.00-3.00	Bocce Courts, MarineParade, Hastings	To be appointed	Free during 4 week trial	
Bowls – Men and Women welcome	unlimited	THURSDAY - W	9.30- 11.00	Balnarring Bowls Club, 8 Bruce Str., Balnarring	Maxine Stark	\$5.00 per week Tel: 5983 1655	
C							
Cabin/Caravan Group 2016	Unlimited	Planning program in January	Various parks planned	Program will be available at office	Dianne Ashton	Register at the office	
Cards – SEEKING NEW LEADER – If you are interested please contact the office	12						
CPR WORKSHOP- note address	2-6	MONDAY 25 th FEB	11.30-12.00	4 Kaz Crt Hastings	Rod Ashton	Bring a pillow + \$3.00	
CPR Workshop	6	THURSDAY 14 th MARCH	11.30- 12.00	4 Kaz Crt Hastings	Rod Ashton	Bring pillow \$3.00	
_Crafty Happenings Seeking new leader NEW DAY AND CONCEPT	4-10	WEDNESDAY– 1st each month NEW DAY	10.00 - noon	Hastings Library Meeting Room	Seeking new leader	New exciting program – collect at our office	
CROP CIRCLES – see “What on Earth “ under W	10	20 th MARCH (WED)	1.30 – 3.00	13 Teal Crt, Hastings	John Koch	ONE ONLY \$3.00	
Croquet	Unlimited	FRIDAY 4 TH EACH MONTH	9.45 -10.00 start	Frankston Croquet Club	Julie King contact 5981 9043 for details	\$7.00 a session Register at our office	
Cryptic Crosswords (EXPERIENCED) –	4-8	TUESDAY 1 st /3 rd wks	11.15 -12.30	As above	Rose Holmes	NOTE VENUE	
Current Affairs – Group 1 CLASS FULL –WAIT LIST	6-10	TUESDAY 1 ^{sr} /3 rd wks	2.00 – 4.00	As above	John Kelly	NOTE VENUE	

Current Affairs - Group 2	6-10	TUESDAY -2 nd /4 th wk	10.00-12.00	Hastings Club Marine Pde, Hastings	Mel Farnbach	NOTE VENUE	
Cycling new leader- meet at Hastings Jetty Future rides to be discussed weekly	Unlimited	FRIDAYS- WCommencing 1 st Feb	9.30-11.00	Hastings Jetty	Ian Bradley		
D							
Dancing for Fun and Fitness	35	WEDNESDAY -W	11.00 – 12.00	Hastings Community Hall	Sue Gibson	\$3.00 per class	
Darts – EVENINGS NEW NEW NEW	Minimum 6	WEDNESDAY -W	8.00-10.30 EVENINGS	Hastings Club, Marine Parade	\$6.00 PER EVENING DART SET AND COVERED SHOES REQUIRED	Hastings Dart Club M/SHIP \$40.00	
Doctors on the Goldfields ONE ONLY	10	THURSDAY 21 ST FEB	10.30-12	13 Teal Crt Hastings	Ted Maidment	Break for coffee /tea included	
E							
Easy Meals for One ONE ONLY PER TERM	6	Friday 15 th MARCH	12.00 – 2.00	4 Kaz Crt Hastings	Dianne Ashton	Menu in newsletter	
Email/Internet - Windows 7 - 4 lessons Mondays and Wednesdays	4 max	4/3, 6/3,11/3 and 13/3	10-00 – 12.00	Teal Court, Hastings	Dianne Ashton		
F							
Files and Folders – Windows 3 lessons	3-5	11 th , 13 th and 19 th FEB	1.00-2.00	Teal Court Hastings	Dianne Ashton	3 lessons \$9.00	
Friends Book Clubs NEW VENUE	5-10	WEDNESDAY - 1 st /3 rd	2.00-4.00	13 Teal Crt, Hastings	Ali Durant	\$2.00 per meeting	
Friday Walking Group	Unlimited	FRIDAY -1 st /3 rd Wks	9.00-11.30	Various – see program	T.B.A. seeking new leader	Program available at our office	

G							
Gardening -	Unlimited	THURSDAY – 1 st	See program	Various locations Pick up a program	Ali Durant Seeking new leader for 2019	No physical gardening	
German of Beginners	10	TUESDAY -W	1.30 – 3.00	13 Teal Court, Hastings	Peter Weber		
Gentle Exercises	Unlimited	THURSDAY -W	9.30-10.30	Hastings Hall	Mornington Pen Shire		
Golf	Unlimited	TUESDAY -W	8.30-12.00	Mt Martha Golf Course	Southern Pen U3A-must join as an Assoc Member	CONTACT S.P. U3A (DROMANA) FOR DETAILS	
Golf	Unlim	FRIDAY -W	8.30-12	Mt Martha Golf Course	Southern Peninsula U3A – must join as Assoc Membership	Contact S.P. U3A for details	
Gourmet	Unlim	Bi Monthly	Various	International Dining	Joan Dillon	Programs in the office	
H - I							
Intermediate French	3-10	TUESDAY - W	11.30-1.00	13 Teal Ct, Hastings	Marie T. White		
Introduction to Windows 10 EXPRESSIONS OF interest Enrolled members will be informed when we have installed the new computers.	2	Date/time to be determined	Enrolled will be informed re date	13 Teal Ct, Hastings	Jim Booth – we have applied for a grant for 6 new computers	\$3.00 per lesson	
IPAD & TABLET – NEW NEW NEW check out Thursdays for 2nd workshop	6	MONDAY -4 th MARCH	11.00-12.-00	Harcourts Real Estate, High Street, Hastings	Jason Dowler and staff	Pay \$3.00 beforehand at U3A office	
IPAD and TABLET Class NEW NEW NEW	6	THURSDAY 21 ST MARCH	11.00 -12.00	Harcourts Real Estate High Str., Hastings	Jason Dowler and staff	\$3.00 pay at U3A office	
J –K - L							
Luncheon Society	Unlimited	WEDNESDAY -M	See Program	Collect program at the office	Kathy Robinson	New venues each month	

M							
Mat Pilates BOOKINGS ESSENTIAL	Unlimited	MONDAY - W	9.15 -10.15	4/2 Cannery Crt, Tyabb	Transformation Wellness Centre 5977 3307	\$15 per class or \$130 for 10 classes	
Mat Pilates BOOKINGS ESSENTIAL	unlimited	WEDNESDAY-W	6.30 -7.30pm	4/2 Cannery Crt, Tyabb	Transformation Wellness Studio 5977 3307	\$15 per class or \$130 for 10 sessions	
Mat Pilates BOOKINGS ESSENTIAL	unlimited	WEDNESDAY-W	6.30 -7.30pm	4/2 Cannery Crt, Tyabb	Transformation Wellness Studio 5977 3307	\$15 per class or \$130 for 10 sessions	
Mat Pilates bookings essential	Unlimited	THURSDAY - W	9.15 – 10.15	4/2 Cannery Crt Tyabb	Transformations Wellness Studio 5977 3307	\$15.00 a class or \$130 for 10	
Mat Pilates BOOKINGS ESSENTIAL	unlimited	SATURDAY -W	9.30 – 10.30	4/2 Cannery Crt Tyabb	Transformation Wellness 5977 3307		
Mobile Telephone –NOVICE W/shop ONE ONLY	3-8	MONDAY 25 th FEB	11.00-12.00	Harcourts R/Estate	Jason Dowler	1 per term pay \$3.00 at U3A office	
Mobile Telephone INTERMEDIATE Workshop ONE ONLY	3-8	WEDNESDAY 13 th MARCH	1.00-2.00	Harcourt’s Real Estate	Jason Dowler	ONE PER TERM Pay \$3.00 at office prior to class.	
Movie Discussion Group -	8 limited	TUESDAY -4 TH EACH MONTH	7.00 for 7.15 start	Various private homes	Anna Buchhorn		
Music Appreciation CLASS FULL WAIT LIST	10	THURSDAY 2nd/4 th wks	1.45-4.00	18 Burke St, Hastings	Peter Dillon		
Music To Your Ears	3 -6	SATURDAY -4 TH OF EACH MONTH	1.30 – 4.00	Hastings Community Hub	James - \$5.00 charge per lesson	Require own instruments and music stand	
N-O-P							
Printing and Scanning – Windows 7 choice of 2 dates	3-5	FEB -Mon 18 th and/or Wed 20th	1.00-2.00	13 Teal Crt. Hastings	Dianne Ashton	Choice of 2 \$3.00 each	

Q							
Quaffers Group – (wine tastings – social event) Seeking 2019 Leader, contact the office	Unlim	Bi Monthly	Various	Visit local vineyards as per program	Pam Garnham	Program available at U3A office	
R-S							
Short Walks EXPRESSION OF INTEREST	Unlimited	FRIDAY 2 nd /4 th wks	9.30 start	Meet Opp Coles Carpark	On hold until leader appointed.	Dogs welcome	
Skype Workshop – Term 4 ONE ONLY -	3-6	FRIDAY 29 th MARCH	1.00 – 2.30	13 Teal Ct, Hastings	Graeme Columbus	ONE ONLY \$3.00	
Stay on Your Feet – Maintenance	unlimited	MONDAY - W	12.00-1.00	Pelican Park Centre	Check with Pelican Park 5950 1749	Fees apply	
Stay On Your Feet- Strength Based	Unlimited	MONDAY -W	1.30-2.30	Pelican Park	ditto	Ditto	
Stay On Your Feet – Chair Based	Unlimited	MONDAY - W	2.30-3.15	Pelican Park	ditto	Ditto	
Square Dancing – Must be a Mainstream SQUARE DANCER	24	WEDNESDAY -W	9.00-12.00	Crib Point Community Centre	Lynn Anderson/Robert Dorr	Commencing 23 rd January 2019	
T							
TABLE TENNIS GROUP 1 COMMENCING 4TH JANUARY	Unlimited	MONDAY -W	9.00-12.00	Hastings Hub	Norm Vicum	\$3.00 per session	
Table Tennis No 2 Group Comm 8th JANUARY	20	FRIDAY - W	1.00-3.00	Community Hub	Norm Vicum	\$3.00 PER SESSION	
Theatre Group	12	MONDAY M – 2 nd Wk	10.30-11.30	13 Teal Court	Valerie Gregory	\$2.00 per class	
This is My Life Note change to meeting date	8 MAX	MONDAY - M – 4 th week	10.00-12.00	13 Teal Crt	Ali Durant	\$2.00 per class	
U- V - W							
Watercolours /Pastels	20	THURSDAY - W	1.30-3.30	Uniting Church, Hastings	Helen Carmichael	\$3.00 per class	

What on Earth" Crop Circles DVD - ONE ONLY	10	WEDNESDAY 20 th March	1.30 - 300	13 Teal Court, Hastings	John Koch	ONE ONLY	
Writing for Fun	6-9	TUESDAY -1 st /3 rd wks	10.00 -11.15	Hastings Club Marine Parade Hastings	Jackie Hayball	NOTE VENUE	
X-Y							
Yoga NEW VENUE AND CHARGES - EVENING		TUESDAY -W	7.40pm – 8.40pm	Pelican Park	Marine Parade	\$12.00 concession,	
Yoga NEW VENUE NEW PRICING - mornings		WEDNESDAY - W	9.20 – 10.20am	Pelican Park	Mornington Peninsula 59 50 1749	Concession \$12.00	
Yoga	unlimited	FRIDAY - W	10-11	Salvation Army	Opp Holden Dealership Frankston-Flinders Rd, Hastings	NO CHARGE	

Members must prepay for the workshops and computer lessons....PRIOR to the class. \$ 3.00 per class or charge as stated.

Hastings U3A is always seeking Tutors and Leaders who wish to teach a course or activity. No qualifications are necessary only the desire to share their interested with like minded members of our community. Contact our office and speak to our Course Coordinator.

U3A Members Insurance responsibilities and exclusions: Currently Hastings U3A is covered for Public Liability, Directors and Officers Liability, Entity Fidelity, Medical Indemnity and Personal Accident. This cover applies to Management, Committee Members, Patrons, Incorporated Bodies, Directors, Officers, Employees and paid and unpaid Volunteers when on duty. COVER DOES NOT APPLY TO ORDINARY MEMBERS OF U3A. Their recourse should be through Medicare and /or Private Health cover. If it is necessary to call an ambulance, the patient is responsible for that cost. Health Care and Pensioner Concession card holders are entitles to free ambulance travel IN CASE OF EMERGENCY HOWEVER THEY ARE NOT COVERED FOR TRANSPORT BETWEEN PRIVATE HOSPITAL TO PUBLIC HOSPITALS AND REHABILITATION.

CHARGES: Course fees are in addition to your membership fee. Fees apply to the courses/activities/workshops to assist covering the outgoings; rent, consumables, power, gas and photocopying to name a few of our additional expenses. Fees may alter from time to time according to variables to our outgoings. All workshops/computer lessons and courses/activities at rented venues - \$3.00 per member per class. Ongoing classes at Teal Court \$2.00 per class and the Hastings Library, local cafes including private homes is \$2.00 per class. All workshops (mobile telephone and computer classes are to be paid in advance. The above applies unless stated otherwise.

HASTINGS U3A OFFICE IS LOCATED AT 13 TEAL COURT, HASTINGS TELEPHONE: 59798585 OFFICE HOURS MON/TUES 10-1PM, THURS 1-4 PM CLOSED SCHOOL AND PUBLIC HOLIDAYS

EMAIL: u3a@iinet.net.au WEB ADDRESS: www.hastingsu3a.org.au